



Feidhmeannacht na Seirbhíse Sláinte
Health Service Executive

FAMILY SUPPORTS STRATEGY

Family Supports Strategy of
Kilkenny City RAPID AIT /
Sub group on Community
Safety

April, 2008



Executive Summary

- The national RAPID Programme is now clearly focused on seven strategic themes. Family Supports is one of the themes launched at the National Conference in January, 2008. These themes will enable RAPID Kilkenny to undertake our work more effectively by re-focusing and re-utilizing our time and our commitment to the programme. This sub-group will re-evaluate and re-focus work leading to clearer, focused involvement and delivery at local level. This strategy promotes a high level of local ownership which will lead to effective implementation and achievability of our strategies and our actions.

Mission, Vision and Values Statement

- That each individual and community has a right to live their life in a pleasant, safe environment, have right of access to necessary services, facilities and opportunities and to be supported in the fulfillment of their reasonable aspirations and potential, to adhere to Agenda 21 principles focusing on promoting sustainable development

Underlying Principles of Family Supports Strategic Theme Strategy

- **Better Service delivery** ~ to improve service delivery and filling the gaps identified in existing service provision
- **Community Participation** ~ to involve community in development of all plans and all actions
- **Service integration** ~ to improve the co-ordination of services to service users ~ to identify existing services and how they can best interlink
- **New Investment** ~ to identify new projects and funding for projects based on local need
- **Leadership** ~ ??? will take a lead role in implementing the plan through the chairing of this sub-group

Members of Sub Group

- Frank Comerford, DSFA
- Mairead Julian, Acting Co ordinator for K/k Parent Support Programme, HSE
- Gretta Murphy, Kilkenny Co. Childcare
- Martin Rafter, KCAN
- Stephen Murphy, Community Rep, Fr McGrath Centre
- Susan Doherty, Sibling Support, Regional Drud Task Force
- Angela Parker/Annette, Family Support
- Ann McDonagh, Early Years Project
- Martina Comerford, Rapid Co-ordinator
- Connie Delaney, LARC, Community Development Worker

Family Supports ~ Kilkenny

- Family Life in Ireland has changed dramatically over the past 20 years, changes in the economy combined with changing family structures have brought about increasing pressures on families. All families need support at various stages and will have different levels of need, some families are faced with pressure on an on-going basis due to ill-health, special needs poverty and isolation and therefore require additional supports. Not surprisingly, many of the families requiring high levels of immediate crisis support live in designated RAPID Areas. This sub-group in consultation with local communities has identified the following priority objectives to tackle the issue of Family Supports in each RAPID Area of Kilkenny.

Objectives

1. To Provide a co-ordinated, holistic approach to the development of new & existing family support services for RAPID Areas
2. To increase the capacity of each community and in particular parents, to work with agencies to improve the quality of all services delivered to service user
3. To ensure the provision of guided access to services in an integrated and collaborative way for service users

Profile of Services

TEMPLATE ONE

STRATEGIC THEME - PROFILE OF SERVICES & FACILITIES

RAPID
AREA:
Kilkenny

STRATEGIC THEME
:family support

SUB GROUP LEADER:

NAME OF SERVICE/ FACILITY	FOCUS OF SERVICE	COVERAGE PROVIDED	TARGET GROUP/ SERVICE USERS	FUNDING SOURCE(S)	GAPS IN PROVISION	ABILITY TO EXPAND Y/N	POSSIBLE FURTHER DEVELOPMENTS	COMMENTS
STATUTORY SERVICES & FACILITIES								
HSE								
Kilkenny Parent Support Programme	To support parents in rearing their children	Lifestart home visiting programme. Group parenting programmes	All parents with children under 5years for the Lifestart programme. Group parenting modules for parents with children of differing ages	HSE	Limited crèche service for group parenting programmes, no service for schoolage children during holidays	Yes	Next phase of Lifestart programme involves bringing parents on programme together	

Disability Services	Disability services are provided to persons with intellectual, autism, physical and sensory disability within 0-65 age range	Services base on needs assessment	Works with a range of voluntary services to provide care, training and development for children with learning and physical disabilities	HSE	Develop services in Rapid Areas	yes	Develop links in Rapid areas to ensure a continuity of service.	
NAME OF SERVICE/FACILITY	FOCUS OF SERVICE	COVERAGE PROVIDED	TARGET GROUP/SERVICE USERS	FUNDING SOURCE(S)	GAPS IN PROVISION	ABILITY TO EXPAND Y/N	POSSIBLE FURTHER DEVELOPMENTS	COMMENTS
Speech and Language Therapy service	Children and adults who need help developing their speech.	All Kilkenny including Rapid Areas		HSE	No outreach in Rapid areas	yes	Provide service in Rapid areas.	
Immunisation Programme	Children and young people are entitled to certain vaccinations and immunisation service free of charge	All Kilkenny including Rapid Areas	Children and young people	HSE				
Psychology	To improve the psychological and emotional well being of children and adults	All Kilkenny including Rapid area	Services to people of all ages from infancy through to adulthood	HSE	No outreach in Rapid areas	yes	Provide service in Rapid areas.	

NAME OF SERVICE/ FACILITY	FOCUS OF SERVICE	COVERAGE PROVIDED	TARGET GROUP/ SERVICE USERS	FUNDING SOURCE(S)	GAPS IN PROVISION	ABILITY TO EXPAND Y/N	POSSIBLE FURTHER DEVELOPMENTS	COMMENTS
Public Health Nursing	Check on child development from birth onwards through a series of standard regular checks	All Kilkenny including Rapid Areas		HSE		yes	Expansion of existing service	
Child Health	Area Medical Teams visit schools in the area to give vaccinations like the MMR, Meningitis C, Rubella etc	All Kilkenny including Rapid Areas	School going children	HSE				
HSE Social Work/Child Care	1. Assessment & Promotion of child protection & welfare needs. 2. Children in care. 3.Court order work.	All of Carlow/Kilkenny Community Services Area including Rapid areas	Children under 18 and their families/ carers.	HSE	No out of hour service. Human resources do not match inter/nationally accepted user: worker ratios.	Limited ability without additional staff.	Open to new ways of working both internally and with voluntary bodies.	Satisfied that take up of service from the Rapid area is in line with other similar areas. There is not a significant number of children from the Rapid area in the care of the HSE.

VOLUNTARY & COMMUNITY SERVICES AND FACILITIES

NAME OF SERVICE/ FACILITY	FOCUS OF SERVICE	COVERAGE PROVIDED	TARGET GROUP/ SERVICE USERS	FUNDING SOURCE(S)	GAPS IN PROVISION	ABILITY TO EXPAND Y/N	POSSIBLE FURTHER DEVELOPMENTS	COMMENTS
Kilkenny Early Years Project	Full day care and targetted home supports for families and children	Rapid areas	Children under 6 & families	HSE,VEC & OMC	Would like to expand	Y	Source funding from OMC	Provide an integrated service to include the traveling community and other ethnic minorities.
Teen Parent Support Programme	Teenage parents and their families	Carlow and Kilkenny	Children and families	HSE	Would like to expand	Y	Dependent on appropriate facilities	
LARC	Provision of Family Support Services to children and families	Kilkenny	Children and Families	HSE	Need to provide targarted services to more vulnerable families	y	Needs analysis undertaken where need to expand has been identified.	

Fr Mc Grath Centre	Provision of Family Support Services to children & families	Kilkenny	Children & Families	HSE	Need to provide targarted services to more vulnerable families	y	Needs analysis undertaken where need to expand has been identified.
Newpark Close	Provision of Family Support Services to children & Families	Kilkenny	Children & Families	HSE	Need to provide targarted services to more vulnerable families	y	Needs analysis undertaken where need to expand has been identified.
Ossory Youth	Young people	Kilkenny City	12 -17year olds	HSE	Health services for youth	y	Develop outreach service

Projects / Actions

TEMPLATE TWO

STRATEGIC THEME - STRATEGY/ ACTION PLAN TEMPLATE

RAPID AREA:		STRATEGIC THEME:			SUB GROUP LEADER:		
STRATEGIC AIMS/ KEY ELEMENTS OF STRATEGY	PROJ. NUMBER	ACTIONS/ PROJECTS	LEAD AGENCY	OTHER STAKE HOLDERS	PROJECT TYPE*	PROJECT COST (IF RELEVANT)	FUNDING SOURCE
To provide a co-ordinated, holistic approach to the development of new & existing family support	KK FS08-001	To apply for a springboard Project for Eastern Environs of Kilkenny. Follow up on project and ensure effective delivery of needs based service to community	KCAN, HSE,RAPID Co-ordinator	Community	new investment	ensure existing community facilities are utilised & enhanced if required	hse~ Springboard budgets

	KK FS08- 002	To investigate the possibility of obtaining an FRC Model of family supports for communities of Eastern Environs. Steering group to focus on needs of wider community and investigate need	KCAN, DSFA, Communities		new investment	ensure existing community facilities are utilised & enhanced if required	dsfa ~ cdp funding
	KK FS08- 003	To establish and support parent and toddler groups for each rapid estate in Kilkenny, beginning with some pilot groups and to ensure effective communication can be established between these groups.	Kilkenny Parent Support Programme, KK co childcare	community at large, frcs	service integration	prioritisation of existing funds/ Catherine Howard Foundation funding	childcare funding
To increase the capacity of each community and in particular parents, to work with agencies to improve the quality of all services delivered to service user	KKFS08-004	Encourage early intervention by the promotion of all existing parenting programmes in Kilkenny. Triple P and Moving On	Kilkenny Parent Support Programme HSE, kk co childcare	all stakeholders	better service delivery		
	KKFS08-005	to investigate the possibility of developing a programme for "men as fathers" for families in RAPID Areas possibly through FRC'S/Springboard	KCAN/HSE		new investment		

	KKFS 08- 006	ensure the provision of a range of high quality affordable and accessible childcare for parents in RAPID Areas	KKCCC, RAPID, Communities				ncip
	KKFS 08- 007	establish an inclusive process involving young people living in communities to be upskilled	all partners		new investment		serdtf small grants fund/kkccc
To ensure the provision of guided access to services in an integrated and collaborative way for service users	KK FS08- 008	Look at possibility of forging links and developing protocols between agencies to improve the quality of service being provided	frcs, hse, ossory youth, ldtf	Rapid co arrange initial discussion with interested parties	service integration		european social fund, rdtf, cdb support
	KK FS08- 009	carry out analysis of existing counselling services available to families in Kilkenny and identify gaps in this service provision	ldtf, rapid		better service delivery		serdtf small grants fund/rapid com support budget

AIT ENDORSEMENT DATE 6/05/08

SIM ENDORSEMENT DATE 12/05/08