



Feidhmeannacht na Seirbhíse Sláinte
Health Service Executive

HEALTH STRATEGY

Health Strategy of Kilkenny
City RAPID AIT / Sub group
on Health

April, 2008



Executive Summary

- The national RAPID Programme is now clearly focused on seven strategic themes. Health is one of the themes launched at the National Conference in January, 2008. These themes will enable RAPID Kilkenny to undertake our work more effectively by re-focusing and re-utilizing our time and our commitment to the programme. This sub-group will re-evaluate and re-focus work leading to clearer, focused involvement and delivery at local level. This strategy promotes a high level of local ownership which will lead to effective implementation and achievability of our strategies and our actions.

Mission, Vision and Values Statement

- That each individual and community has a right to live their life in a pleasant, safe environment, have right of access to necessary services, facilities and opportunities and to be supported in the fulfillment of their reasonable aspirations and potential, to adhere to Agenda 21 principles focusing on promoting sustainable development

Underlying Principles of Community Safety Strategic Theme Sub Group

- **Better Service delivery** ~ to improve service delivery and filling the gaps identified in existing service provision
- **Community Participation** ~ to involve community in development of all plans and all actions
- **Service integration** ~ to improve the co-ordination of services to service users ~ to identify existing services and how they can best interlink
- **New Investment** ~ to identify new projects and funding for projects based on local need
- **Leadership** ~ Health Service Executive will take a lead role in implementing the plan through the chairing of this sub-group

Members of Sub Group

- Marie Kennedy, HSE, Childcare Manager
- Patricia McEvoy, HSE, Co-ordinator of services for older persons
- Robert Parker, Substance –misuse services
- Marie Fitzpatrick, Chairperson AIT
- Mary Mescal ~ Ossory Youth
- Orna Ward ~ Public Health Nurse, Primary Health Team
- Helen Quinlan ~ Administration HSE
- Nicola Keeshan, Sports Co-Ordinator, Kilkenny Sports Partnership.

Health ~ Kilkenny

- Health is seen as a resource for every day life not the objective of living ; it is a positive concept emphasising social and physical resources as well as physical and mental capacity. Research has shown that many conditions are multi-casual and heavily influences by personal behaviours. In the past twenty five years evidence has accumulated which links ill-health and premature death with poverty and social disadvantage. Many people face barriers to inclusion that prevent them taking up the opportunities that society has to offer; some include discrimination, others can be poor health, homelessness or drug misuse.
- A significant objective of the HSE is to improve the overall health status of the population. This will be achieved through increasing the emphasis on primary care and health promotion, freeing up the hospital system and improving health outcomes. This health strategy supports this objective through the planned actions/projects outlined.
- Kilkenny RAPID sub group committee have identified the following objectives which are focused on how to integrate service delivery to achieve maximum health and social gain for the population of Kilkenny RAPID.

Objectives

1. Development and integration of services for older persons within the Rapid areas
2. Make a Health Service relevant and accessible to young people living in RAPID Areas
3. Improving service delivery through training and development of key staff and local volunteers
4. Encourage greater utilization of existing services and obtain feedback from service user of services

Profile of Services

TEMPLATE ONE

STRATEGIC THEME - PROFILE OF SERVICES & FACILITIES

RAPID AREA:KILKENNY

STRATEGIC
THEME:HEALTH

SUB GROUP LEADER:MARIE KENNEDY

NAME OF SERVICE/ FACILITY	FOCUS OF SERVICE	COVERAGE PROVIDED	TARGET GROUP/ SERVICE USERS	FUNDING SOURCE(S)	GAPS IN PROVISION	ABILITY TO EXPAND Y/N	POSSIBLE FURTHER DEVELOPMENTS	COMMENTS
STATUTORY SERVICES & FACILITIES								
Elderly								
Day Care Centers	Independent Older People		Elderly	HSE	Building capacity in Management Teams of Day centers	Y	Increase number of older people attending day care centers.	

Chiropody	Provision of Chiropody services in Day Centers		Elderly	HSE	Drop in Chiropody service in Rapid areas	Y	Use facilities available to provide chiropody on a weekly basis.	
Home Care Packages	Facilitate the early discharge of older people from Acute Hospital, reduce inappropriate re-admissions, reduce pressures on A&E depts, support older people to continue to live in their own community		Elderly	HSE	Assessment unit in Rapid Area	Y	Develop service in order to avoid sending elderly patients to A&E.	
NAME OF SERVICE/FACILITY	FOCUS OF SERVICE	COVERAGE PROVIDED	TARGET GROUP/SERVICE USERS	FUNDING SOURCE(S)	GAPS IN PROVISION	ABILITY TO EXPAND Y/N	POSSIBLE FURTHER DEVELOPMENTS	COMMENTS
Public Health Nursing	Child development and care in the community for children, those discharged from hospital care and older persons	Mon-Fri 9.30 am to 5pm & planned essential services at weekends.	Older person, adults & children	HSE	Clinical facilities in Community Care headquarters not in line with hygiene standards	y	Refurbishment of Leg Ulcer and Chiropody Clinic in Community Care Centre	
Dementia Care Services	Dedicated residential dementia	St Columba's Thomastown, 20 beds.	Elderly	HSE	Develop dementia care in Rapid area	Y	Further investment in specialist old age mental health services	

KILKENNY COMMUNITY CARE CENTRE	Enhance the quality of life and health status of the community	All Carlow/Kilkenny including Rapid Areas	Services are delivered in accordance with the principles of equity, people centeredness, quality and accountability	HSE	One stop shop for Information	Y	Develop information centre in Community Care Offices, providing information on all services provided in area	
NAME OF SERVICE/FACILITY	FOCUS OF SERVICE	COVERAGE PROVIDED	TARGET GROUP/SERVICE USERS	FUNDING SOURCE(S)	GAPS IN PROVISION	ABILITY TO EXPAND Y/N	POSSIBLE FURTHER DEVELOPMENTS	COMMENTS
Allied Health Professional Services	Diet and Nutrition, Occupational Therapy, Physiotherapy, Speech and Language, Chiopody/Diabetic	All Carlow/Kilkenny including Rapid Areas	The Elderly	HSE	Outreach services in Rapid areas	y	Develop these services through the Primary Care Teams.	
Child care and Family support	Help parents and families to ensure that every child grows up in a safe nurturing enviroment.	All Carlow/Kilkenny including Rapid Areas	Children and Families	HSE	Outreach services in Rapid areas	y		
Child Health Services	Children's Health	All Carlow/Kilkenny including Rapid Areas	Children	HSE	Outreach services in Rapid areas	Y		

Ophthalmology	Medical eye service providing total eye care	All Pre school and primary school children, all medical card holders and all diabetics	Children and adults	HSE	Outreach services in Rapid areas	y		
Audiology	Assesses hearing, manages hearing loss.	All children, adults with a medical card	Children and adults		Outreach services in Rapid areas			
Dental and Orthodontic Services	Dental and Orthodontic services to all eligible patients	Services to all eligible patients	Children	HSE	Outreach services in Rapid areas			
Psychology	To improve the psychological and emotional well being of children and adults	Services to people of all ages from infancy through to adulthood	Adults and children	HSE	No service in Rapid areas	Y		Outreach in Rapid Areas

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Primary Care Team in development	Interdisciplinary team based approach to primary care provision	Dean Street Centre providing service to Rapid area (most of whom have a medical card)	All age groups in Rapid areas	HSE AND GP'S	In development	Y	Continue to support Primary care teams	
General Practitioners	Providing a primary health service.	All Carlow/Kilkenny including Rapid Areas	All age groups in Rapid areas					
Adult Counselling	To provide a high quality, accessible, client -centered counselling service to adult survivors of childhood abuse	Outreach counselling available in Carlow.	Adult survivors of childhood abuse	HSE	Outreach services in Rapid areas			
Adult Mental Health services	Providing a wide range of community and hospital based mental health services	All Carlow/Kilkenny including Rapid Areas	One in five experience mental health problems in their lifetime	HSE	Outreach services in Rapid areas	Y	Develop links in Rapid areas.	
St Luke's Hospital	Providing assessment, emergency, diagnosis, treatment and midwifery service	299 inpatient beds and 12 day beds	All Carlow and Kilkenny	HSE	Outreach services in Rapid areas	Y		
Civil Registration	Recording life events, births, deaths and marriages	Available from Carlow Community Care, Athy Road	All Carlow	HSE	Outreach services in Rapid areas			

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Substance Misuse	Provides assessment and addiction counselling for persons who are concerned about their alcohol/and or drug use.		Kilkenny and Carlow including Rapid areas	HSE	Lack of supports in place for clients in Rapid areas		Carry out a needs analysis to identify supports to be put in place for vulnerable clients	
Castlecomer District Hospital	95% of services provided are dedicated to the care of older persons	29 short to mid stream and 4 continuing care beds	Elderly	HSE	Outreach services in Rapid areas			
Home Help & Home Care Attendants	A critical service to enable older people to remain in their own homes.	In December 2006 there were 215,674 Home Help Hours provided in Carlow/ Kilkenny	Elderly	HSE	Outreach services in Rapid areas	Y		

VOLUNTARY & COMMUNITY SERVICES AND FACILITIES

NAME OF SERVICE/FACILITY	FOCUS OF SERVICE	COVERAGE PROVIDED	TARGET GROUP/SERVICE USERS	FUNDING SOURCE(S)	GAPS IN PROVISION	ABILITY TO EXPAND Y/N	POSSIBLE FURTHER DEVELOPMENTS	COMMENTS
Alzheimer's Society	Focus on service for older persons with alzheimer's	Service open 5 days a week.	Older pesons	HSE AND CHARITY	Current accommodati on too small	y in a different location	Adapt Hebron Park House for use as a day centre.	
Clubs and Social Care	Independent Older People		Elderly	HSE		Y	Continue to support and develop.	
LARC	Provision of Family Support Services to children and families	Kilkenny	Children and Families	HSE	Need to provide targated services to more vulnerable families	y	Needs analysis undertaken where need to expand has been identified.	
Fr Mc Grath Centre	Provision of Family Support Services to children and families	Kilkenny	Children and Families	HSE	Need to provide targated services to more vulnerable families	y	Needs analysis undertaken where need to expand has been identified.	
Newpark Close	Provision of Family Support Services to children and families	Kilkenny	Children and Families	HSE	Need to provide targated services to more vulnerable families	Y	Needs analysis undertaken where need to expand has been identified.	

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Kilkenny social Services	Provision of a range of community based supports including travellers and meals on wheels to elderly							
Enable Ireland	Provide day and respite services for children with an intellectual disability	Kilkenny	Disability	HSE	Need for more places	y	Current site is too small for expansion. Capital proposal been prepared.	
Good Shepherd	Provides day and residential services for adult homeless	Kilkenny	Adults	HSE and Local Authoty				
Rape Crisis Centre	Provides support and conselling to victims of rape and sexual crime	Kilkenny	Adults	HSE				
Amber Women's Refuge	provides a range of day and support services for victims of domestic violence	Kilkenny	Children and Families	HSE				
Rehab	Provide a resource service on a 5 day basis for metal health and people with physical and intelluctable disability	Kilkenny	Disability and Mental Health		Supported employment schemes and develop supported living arrangements	y	Need for more integration services	

Actions/Projects

TEMPLATE TWO

STRATEGIC THEME - STRATEGY/ ACTION PLAN TEMPLATE

RAPID AREA: KILKENNY		STRATEGIC THEME:HEALTH		SUB GROUP LEADER: MARIE KENNEDY			
STRATEGIC AIMS/ KEY ELEMENTS OF STRATEGY	PROJ. NUMBER	ACTIONS/ PROJECTS	LEAD AGENCY	OTHER STAKEHOLDERS	PROJECT TYPE*	PROJECT COST (IF RELEVANT)	FUNDING SOURCE
Development & integration of services for older persons within the Rapid areas		Evaluate the day care services within Rapid Areas based on client needs, attendance & funding with a view to realignment & reconfiguration	HSE	Day Centers	Better Service Delivery	€5,000	Lottery Funding
		Evaluate the effectiveness of the visitation service for older people.	HSE	Age Action	Better Service Delivery		Lottery Funding

		Following evaluations prepare an action plan to develop services in Rapid areas	HSE	Day Centres & Age Action	Service Integration & New Investment.		
		Create partnerships with the Family Resource Centers & various agencies in the Rapid areas with a view to negotiating the use of facilities for provision of an outreach health service for older people.	HSE	Family Resource Centres & Age Action	Better Service Delivery	(€15,000 Outreach Chiropody RAPID Funding) (€45,000 Hebron Park House Rapid Funding)	RAPID
		Improve health services in line with National Hygiene standards	HSE		Better Service Delivery	€35,000	RAPID
		Investigate option of exercise for the elderly by providing playground for the elderly	HSE	Local residents	New Investment	€66,000	Playground fund
Make a Health Service relevant and accessible to young people in RAPID areas		Undertake a needs analysis of health and well being of young people	Ossory Youth	HSE	Better Service Delivery		Ossory Youth
		Implement recommendations of needs analysis	Ossory Youth	HSE	Unknown	Unknown	HSE

Encourage greater utilisation of existing services and obtain feedback from service users		Establish "One Stop Shop for Information"	HSE		Better Service Delivery		HSE
		Organise health information days in Rapid areas and publish directory of services for older people	HSE	Community Centers, Family Resource Centers and day centers	Better Service Delivery	€5,000	RAPID
		Advertisement in local newspapers, develop information posters	HSE		Better Service Delivery		HSE
		Explore means of providing health information and service in Rapid areas	HSE	Family Resource Centers	Service Integration		HSE
		Better service delivery for people in Rapid areas including women's health and work with HSE to have dedicated Primary Care Teams fro Rapid areas.	HSE	GP and community	New Investment		
		Conduct client satisfaction survey	HSE	Clients of health services	Better Service Delivery		HSE
		Prepare action plan arising out of results of survey	HSE		Better Service Delivery		HSE

AIT ENDORSEMENT DATE 6th May 08

SIM ENDORSEMENT DATE 12th May 08